



Executive Department
State of Idaho

The Office of the Governor
Proclamation

State Capitol
Boise

2012 FAMILY DAY – A DAY TO EAT DINNER WITH YOUR CHILDREN

WHEREAS, the use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America’s children; and

WHEREAS, 17 years of surveys conducted by the National Center of Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs; and

WHEREAS, frequent family dining is associated with the lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse; and

WHEREAS, the correlation between frequent family dinners and reduced risk for teen substance abuse is well documented; and

WHEREAS, parents who are engaged in their children’s lives – through such activities as frequent family dinners – are less likely to have children who abuse substances; and

WHEREAS, family dinners have long constituted a substantial pillar of family life in America;

NOW THEREFORE, I C. L., “Butch” Otter, Governor of the State of Idaho do hereby proclaim the 4th Monday of every September to be

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in Idaho, and urge all citizens to recognize and participate in its observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Idaho at the Capitol in Boise on this 3rd day of September in the year of our Lord two thousand and twelve and of the Independence of the United States of America the two hundred thirty-sixth and of the Statehood of Idaho the one hundred twenty second.



C.L. “BUTCH” OTTER
GOVERNOR

BEN YSURSA
SECRETARY OF STATE