



Executive Department  
State of Idaho

The Office of the Governor  
**Proclamation**

State Capitol  
Boise

**Family Day – A Day to Eat Dinner with Your Children™**

*WHEREAS, the use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children; and*

*WHEREAS, 16 years of surveys conducted by the National Center on Addiction and Substance Abuse (CASA) at Columbia University consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs; and*

*WHEREAS, frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse; and*

*WHEREAS, the correlation between frequent family dinners and reduced risk for teen substance abuse is well documented; and*

*WHEREAS, parents who are engaged in their children's lives – through such activities as frequent family dinners – are less likely to have children who abuse substances; and*

*WHEREAS, family dinners have long constituted a substantial pillar of family life in America;*

*NOW, THEREFORE, I, Governor C.L. "Butch" Otter, Governor of the State Idaho, do hereby proclaim Monday, September 26, 2011*

**Family Day – A Day to Eat Dinner with Your Children™**

*in Idaho.*



*IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Idaho at the Capitol in Boise on this 26<sup>th</sup> day of September in the year of our Lord two thousand and eleven and of the Independence of the United States of America the two hundred thirty-fifth and of the Statehood of Idaho the one hundred twenty-first.*

A blue ink signature of C.L. "Butch" Otter.

C.L. "BUTCH" OTTER  
GOVERNOR

A blue ink signature of Ben Yursa.

BEN YURSA  
SECRETARY OF STATE