A Message from First Lady Teresa Little

Take Care and Be Kind

October 23, 2020

As I sit to write this message, we are approaching a year into the time coronavirus began impacting everyone and everything in our entire world. Things began to become critical in Idaho last March.

Last March I put this reminder to people in our street facing dining room window at home:

We have come a long way in our understanding since the early days. We have a long way to go.

The words “Take Care” continue to ring true. Take care for your family, friends, the world, and yourself.

Wear your face mask, keep a good social distance, wash your hands often and stay home as much as possible.

Take Care and Be Kind
With more time spent at home this year due to precautions around coronavirus the opportunity to become involved in National History Day in Idaho might be exactly the type of intellectual challenge a student in your life would enjoy becoming immersed in and benefit from!

National History Day in Idaho is a program focused on historical research, interpretation and creative expression for students 4th – 12th grade. This is the 38th year the Idaho State Historical Society has sponsored National History Day. Over 2,000 Idaho students participated in 2019-2020. Molly Whyte and Sophia Pariona, 6th graders from Mountain View Middle School in Blackfoot, took first place at the National History Day Contest for their Junior Group Performance, “Reeding between the Lines: How Reed v. Reed Opened Doors for Gender Equality”.

National History Day is a non-profit organization based in College Park, Maryland. Each year National History Day selects a broad theme which students use as a springboard from which to select a topic from anywhere in the world and any time period. The topic may be of family, local, state, national or world importance. Students then research to explain the topic’s relationship to the theme. Students choose to compete in the area of research paper, performance, exhibit, website or documentary. Students in public, private, parochial, and home school are all encouraged to participate. The program concludes

“Our gratitude for healthcare workers, first responders, workers who keep our supply chains moving, leadership in government, government security and safety nets, and those who work at our stores, businesses, in industry, in education, and on farms and ranches is deep and abiding.”
in the Spring with regional, state, and national competitions; through which students may earn scholarships.

Students definitely hone their writing, research and critical thinking abilities as they work on their project. Success builds confidence and helps prepare students for life in our increasingly complex world.

The theme for 2020-2021 is: Communication in History: The Key to Understanding.

Guidebooks and more information are readily available.

Go to: [www.history.idaho.gov/nhdi/](http://www.history.idaho.gov/nhdi/)

You may also contact Johanna Bringhurst, National History Day in Idaho, (208) 780-5191, [johanna.bringhurst@ishs.idaho.gov](mailto:johanna.bringhurst@ishs.idaho.gov)

The national website is [www.nhd.org](http://www.nhd.org)

Please also contact Johanna if you would like more information as a teacher, mentor or if you would have an interest in becoming a volunteer.

As you exercise your right and responsibility to vote by casting your ballot this Fall you may receive a commemorative “I Voted” sticker which celebrates the 100th anniversary of woman’s suffrage. Phil McGrane, Ada County Clerk, proposed and the Idaho Association of County Recorders and Clerks sponsored a competition for this last November. There were over 100 entries received from all over the state. The winning design was created by Kuna High student, Samantha Robson.
This photo is of an original pin in support of the woman's suffrage movement. It is a treasured gift to me from David Leroy, a notable Idaho historian.

“This history is who we are and why we are the way we are.”
-David McCullough

The recipe I am sharing was published in the Junior League of Boise Cookbook, published in 1930. It is Brad's paternal grandmother's recipe for Scotch shortbread. True to her Scottish birthright Agnes "Adis" Sproat Little was concise in her wording.

**Scotch Short Bread**

¼ lb. sugar  
½ lb. butter  
1 lb. flour

Mix butter and sugar well together. Then work in flour with spoon.

Turn out on board and work in the rest of the flour. Form into small cakes. Bake in moderate oven for ½ hour.

-Mrs. Andrew Little
Above: Photo of Agnes Little, Brad’s grandmother

SCOTCH SHORT BREAD

\[ \frac{3}{4} \text{ lb. sugar} \quad \frac{3}{4} \text{ lb. butter} \quad 1 \text{ lb. flour} \]

Mix butter and sugar well together. Then work in flour with spoon. Turn out on board and work in the rest of the flour. Form into small cakes. Bake in moderate oven for \( \frac{3}{4} \) hour.

MRS. ANDREW LITTLE

GINGER SNAPS

1 cap sugar 
1 cap molasses 
1 cap lard 
1 tsp. soda 
3 eggs 
2 tsp. Cinnamon 
1 tsp. ginger 
2 level tsp. baking powder

MRS. WALTER RELLER
Teresa

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